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By Karen Wilber at 10:32 am, Sep 21, 2022

TOWN OF NORTHBOROUGH BOARD OF HEALTH

Town Hall Offices • 63 Main Street • Northborough, MA 01532 • 508-393-5009 • 508-393-3130 Fax

BOARD MEMBERS PRESENT: Glenn A. French, Esq
Dilip Jain, M.D.
Swati Sane, M.D.
Lisa Johnson, RDH, MS, MPH, CPH

TOWN: Kristin Black, Ph.D., M.S. - Health Director
Katie Holt, Administrative Assistant to the Health Dept

OTHER: Jake Ruszkoski, Representative for Northcourt Swim Club

The Board of Health met on Tuesday June 14, 2022 via Zoom Meeting. The meeting was called to order at 6:05 by Glenn French. Roll call attendance took place.

6:07 - Discussion on lifeguard coverage during pool hours at Northcourt Pool

Ruszkoski described the issues that Northcourt is facing in terms of lifeguard staffing during non-peak swimming hours. A discussion took place. French moved to deny the request for a variance - he moved that when the Northcourt pool is open, a red cross certified lifeguard must be present. Jain seconded, all in favor.

6:40 - COVID-19 Update

Black provided an update on COVID vaccines, case counts, contact tracing, and testing. Please refer to the attached PowerPoint for the full presentation.

6:51 - American Rescue Plan Act (ARPA) Public Input Session

Black reminded the board members that the Town Administrator's office has published an announcement about a zoom meeting for Thursday June 16th. The purpose of the meeting is to discuss with residents how ARPA funds should be spent. Residents should refer to the Northborough town website for more information.

6:56 - Kumar's South Indian Village Cuisine - Discussion on extension of requirement for third party inspections

Black provided an update on Kumar's - they have made many improvements. Black's recommendation to the board would be to extend the requirement for third party

inspections for an additional six months. Johnson moved to extend the requirement for third party inspections for a period of six months at Kumar's. Jain seconded. All in favor.

6:58 - Greater Boroughs Partnership for Health Updates

Black provided an update on the Greater Boroughs Partnership for Health. Grants were extended through the next fiscal year. This includes the PHE grant (300k) which supports nursing positions and the Health Agent position and the contact tracing grant (160k). There were remaining funds in the contact tracing grant which will be rolled over into the next fiscal year. The part-time epidemiologist position will become a full-time position for the summer and this position will oversee two interns.

7:00 - Any other business to come before the Board

Black provided a reminder about the June 22 Be Well Northborough kick-off event from 1-4 pm at Ellsworth McAfee Park.

Black also mentioned that search for a new Health Agent has been moving along and that HR is in the process of reviewing candidate references.

7:04 - Meeting Minutes Review

French moved to approve the minutes from April 12, 2022 as recorded. Johnson seconded. All in favor.

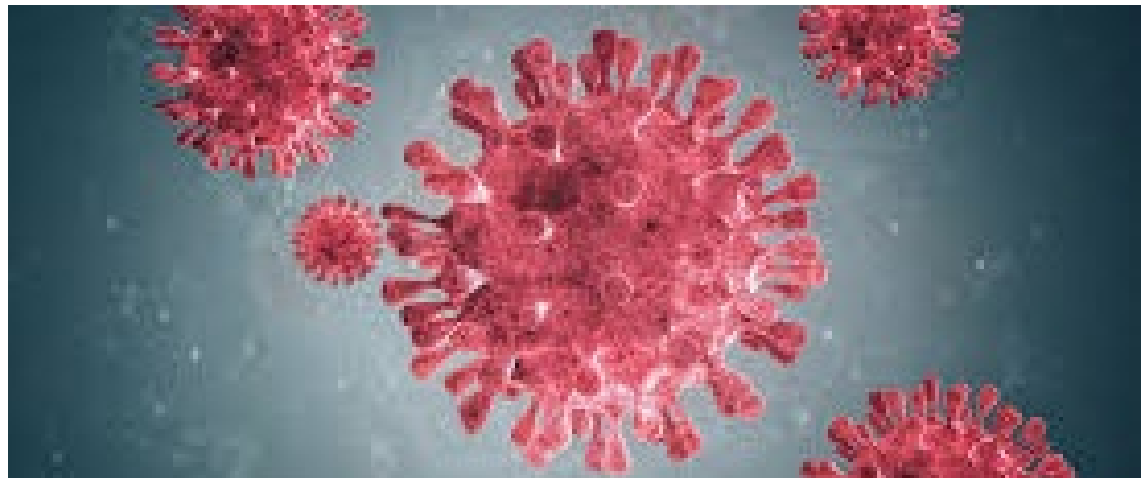
The May 10, 2022 meeting minutes will be approved at the next Board of Health meeting. Sane and French were not present at the May 10, 2022 Board of Health meeting, so there was no quorum.

Establish Future Meeting Date

The next Board of Health meeting is tentatively scheduled for Tuesday, August 9, 2022.

French motioned to adjourn the meeting at 7:13.

Respectfully Submitted,
Katie Holt



**Greater Boroughs
Partnership for Health**

6.14.22 BOH Meeting

ISABELLA CARUSO
EPIDEMIOLOGIST

COVID-19 Vaccinations

- The Town of Northborough hosted a Pfizer and Moderna COVID-19 booster clinic for individuals ages 5 years and old and older, advertised to the Greater Borough Region. We successfully vaccinated 250 residents!
- As of June 9th, 63% of Northborough has received their booster shot (as well as their primary series).

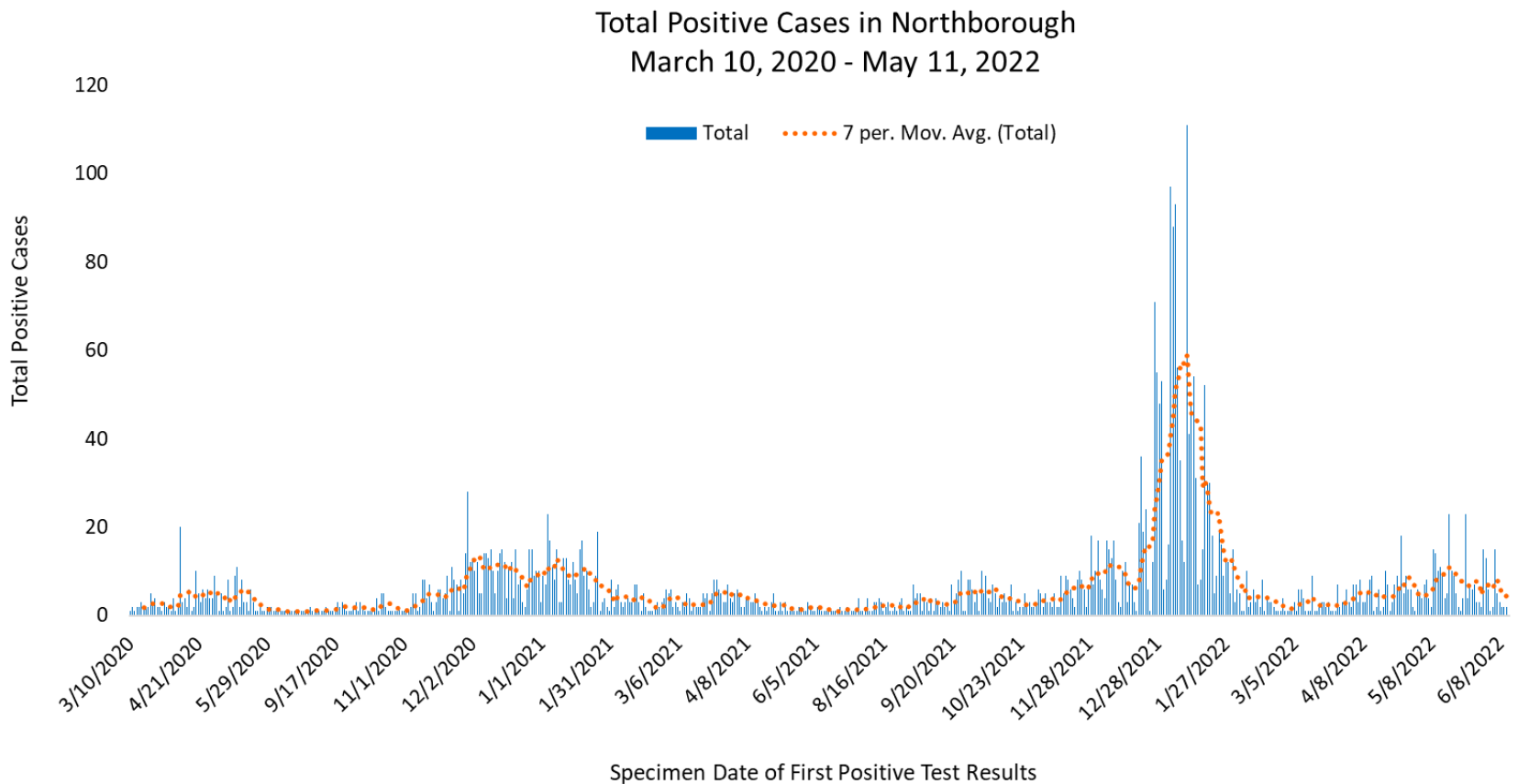
Northborough, Worcester County	
Age Group	Individuals with booster doses per capita
5-11 Years	2%
12-15 Years	46%
16-19 Years	78%
20-29 Years	56%
30-49 Years	70%
50-64 Years	75%
65-74 Years	89%
75+ Years	79%
Total	63%

Source: [mass.gov/info-details/massachusetts-covid-19-vaccination-data-and-updates](https://www.mass.gov/info-details/massachusetts-covid-19-vaccination-data-and-updates)

COVID-19 Case Counts

- Northborough's Case Counts according to the State's Weekly Data by City/Town Report (5/22 - 6/4)
 - Confirmed cases: 77
 - 14-day Average Daily Incidence Rate (cases per 100,000) – 40.5 (MA: 31.7)
 - 14-day Percent Positivity Rate – 9.84% (MA: 7.51%)
- Northborough's Case Counts (MAVEN) (5/29 – 6/11)
 - Confirmed cases: 71
 - * Friday's dashboard (6/17) will have updated the incidence rate and percent positivity rate

COVID-19 Case Counts



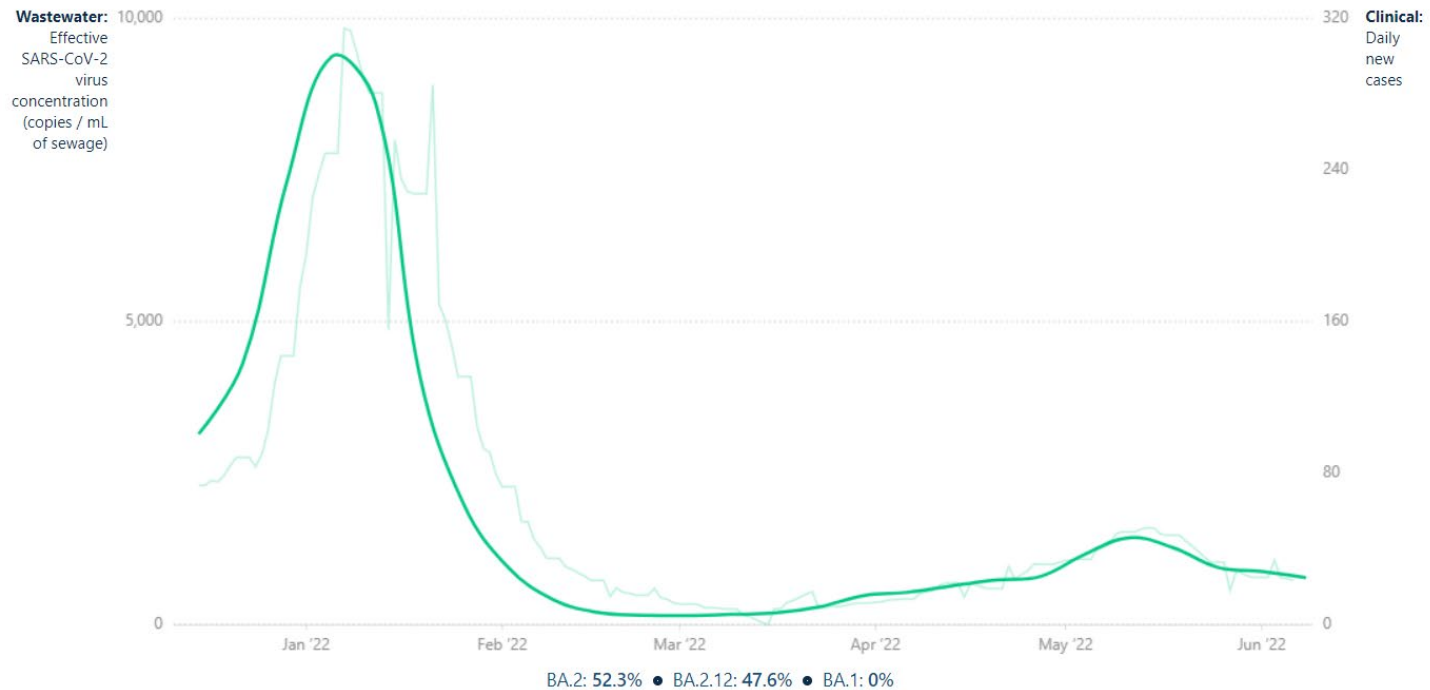
COVID-19 Wastewater Data from Biobot

Most recent data: June 08, 2022

Graph shows trends in the last 6 months (Jan – June 2022)

Worcester County, MA

COPY LINK  

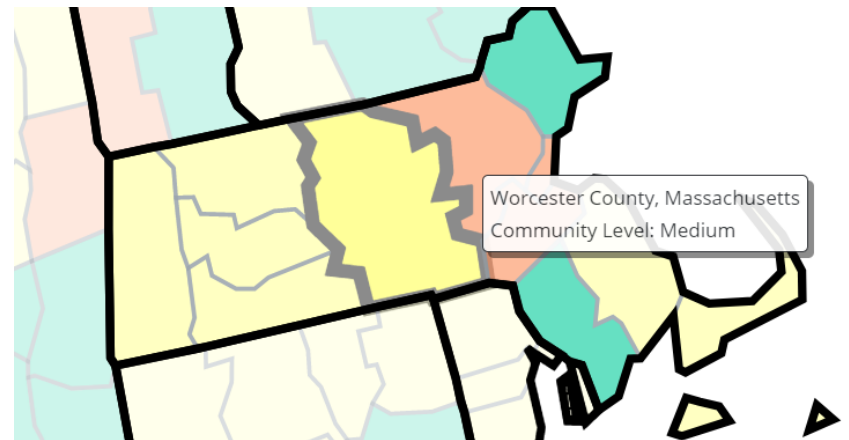


Source: <https://biobot.io/data/#county-25027>

CDC Community Levels

Medium

- If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions
- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms



Source: <https://covid.cdc.gov/covid-data-tracker>

*Updated every Thursday

COVID-19 Contact Tracing and Testing

- The Health Department is continuing with Contact Tracing
- Free PCR testing is still available at the nearby Stop the Spread Sites in Worcester and Framingham. For more information visit: www.tinyurl.com/nborotesting
- Free at-home COVID-19 kits are available through the Federal Government <https://www.usps.com/covidtests>
- Northborough resident and employees may pick up test kits at Town Hall, the Library or the Senior Center

FREE Antigen Tests

Northborough residents and employees can pick-up iHealth rapid COVID-19 tests at the following locations

Don't assume it's allergies. Take a test today!

Health Department

63 Main Street, Northborough MA

Monday, Wednesday, Thursday: 8am - 4pm
Tuesday: 8am - 7pm
Friday: 7am-12pm



Library

34 Main Street, Northborough MA

Monday: 12pm - 8:30 pm
Tuesday and Wednesday 9:30am -8:30pm
Thursday, Friday, Saturday: 9:30am - 5pm



Senior Center

119 Bearfoot Road, Northborough MA

During staffed nursing hours
Monday & Wednesday 9am-12pm



Visit mass.gov/covid-19-testing for the following:

Find a free PCR COVID-19 test site near you

What to do if your test is positive?

How to use a COVID-19 self-test?

Learn about the different types of testing



Telehealth COVID-19 Program

- Telehealth is available for individuals 18 or older living in Massachusetts who are positive for COVID-19 and experiencing symptoms.
- Quick and easy way to see if Paxlovid (antiviral pill), is the right treatment for you, by a short video call on phone/computer. If the provider believes this treatment is right for you, they will arrange for pickup at your local pharmacy or free overnight delivery.
 - Treatment and telehealth will be free, and no health insurance is needed
 - Services will be provided in English, Spanish, Haitian Creole, and Portuguese
 - Paxlovid is 90% effective at reducing the risk of severe infection and hospitalization for those who have already tested positive. This treatment must begin as soon as possible after testing positive and within 5 days of symptom onset
- Visit mass.gov/CovidTelehealth