

**Meeting of the Northborough Council on Aging
January 8, 2019 7:00 Senior Center**

The role of the Northborough Council on Aging is to maintain or increase the quality of life for the mature citizens of our community. We do this through support advocacy, planning, coordination, and implementation of programs that bring mature citizens together for social, recreational, and educational purposes. We seek to educate the entire community and enlist its support and participation.

- 1. Call to Order:** A meeting of the Council on Aging of the Town of Northborough was called to order at 7:02 PM by Adrienne Cost, Chair with the following also present:

Linda Cragin, Member
Phylis Muthee, Member
Tony Pini, Member
Jerry Anderson, Member

Alice Stapelfeld, Member
Henry Squillante, VP, Friends
Kelly Burke, Senior Center Director

The following COA members were not present:

- 2. Approval of the Minutes:**

The minutes for the November 2018 meeting were approved.

- 3. Friends Report**

Henry provided an update that membership renewals were in process and going well, as are the results from the annual appeal. The calendar raffle for this month is also progressing well.

- 4. Director's Report**

Kelly reported on several activities: the Pine Wood Derby is this evening, there is a cooking class, a session with an OT about staying safe at home, Q&A with a PT, a session on downsizing your home, photoshop classes and What is Day Break? There have been illnesses and injuries among the exercise instructors, so the session schedule and content has had to be shifted a bit and for the most part, this has worked out well. There is a new class on gentle ballet. AARP tax sessions will start in February; new counselors are needed due to the retirement of previous volunteers.

- 5. WRTA Advisory Report**

The final candidate for the Exec. Director position withdrew his application.

- 6. Bay Path**

No report.

- 7. Old Business**

The timeline for Senior Center Director certification process for the year was reviewed. The process is comprehensive and should be interesting and informative.

The meeting adjourned at 7:40 pm.

Linda Cragin
Secretary