

Meeting of the Northborough Council on Aging

August 13, 2019 7:00 PM Senior Center

As the hub of all aspects of healthy aging, the mission of the Northborough Council on Aging/Senior Center is to enrich and enhance the lives of older adults in our community.

1. Call to Order: A meeting of the Council on Aging of the Town of Northborough was called to order by Adrienne Cost, with the following also present:

Jerry Anderson, Member

Phylis Muthee, Member

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Anita Hagspeil, Friends President

Virginia Simms George, Member

Kelly Burke, Senior Center Director

2. Approval of the Minutes: the minutes of July 10th were approved.
3. Friends Report: The Board of Directors of the Friends of Northborough Senior Center approved to pay for the Strategic Plan consultant, Barrie Atkin. The Mystery Theater fund raiser this month raised \$1100. The Friends will have a Halloween party fundraiser at Whitney Place in October.
4. Director's Report: the Senior Center will hold the annual apple bake off to kick off Applefest on Friday, September 20. An Applefest Luncheon will be held at 11:30 AM where the top 3 winners of the Bake-Off will be announced. The strategic plan committee have been working with our consultant Barrie Atkin. A paragraph has been put in the September newsletter asking people to call the Senior Center if they would like to be involved in the process. We have received the second round of funding for our LGBT program. There will be a showing of *The Lavender Scare* at the Strand Theater in Clinton. Lauri Ryding will be at the Center the third Tuesday of the month for coffee and conversation. The Chief will hold twice a month chats with participants at the Center. The Singing in Rounds class will now be called the Northborough Senior A Cappella Chorus. They will be singing in the Bistro dinner in December. A program by an Occupational therapist on Safety in the Home will also be held. The Algonquin English National Honor Society will meet with our participants to discuss the book, The Immortal Life of Henrietta Lacks. A lot of activities happening!
5. WRTA Advisory Report. A contract with WRTA has been signed.
6. Our consultant had suggested that we do some refining on the mission and vision statements. It was voted and approved to change each to the following: