

Help prevent the spread of COVID-19

COVID-19 Quarantine Guidance for Daycares:

Exposed to someone with COVID-19



Exempt from quarantine:

*Up to date on vaccination and asymptomatic
Had Covid in the past 90 days

*Up-to-date" on COVID-19 vaccination is defined as:

- Completed primary series of Pfizer, Moderna, or J&J vaccine AND a booster
OR
- Completed the primary series of Pfizer or Moderna vaccine with the last 5 months
OR
- Received J&J vaccine within the last 2 months

If not, the individual should stay home for 5 days (after exposure)

If the individual can mask:

Return back to care on Day 6 (after exposure) and remain asymptomatic

(test recommended on day 5, but not required)

Wear a well-fitted mask through Day 10

If the individual cannot mask:
(including ages birth to 2)

If individuals can test on day 5:
When test negative and remain asymptomatic, individual can return back to care the day after a negative test (rapid test for ages 2+) returning to care no later than day 11

If individuals cannot test:
Stay home for 10 days, return to daycare on day 11

If symptoms develop, get a test and stay home.

Antigen tests (at home tests) are authorized for individuals two years of age or older.

To find a nearby PCR test location, visit:

www.tinyurl.com/nborotesting



COVID-9 Isolation Guidelines for the Daycares:

You need to stay home if you have:

New cough
Fever 100.0F or higher/chills
Shortness of breath
New loss of taste or smell
Muscle or body aches

Nausea/vomiting/diarrhea*
Sore throat*
Headache*
Congestion/runny nose*
Fatigue*

***In combination with listed symptoms**

**If an individual tests positive for COVID-19,
they should stay home for a minimum of 5 days.
(Day 0 is date of positive test or onset of symptoms)**

**If the individual
can mask:
(2+ years old)**

Symptoms subsiding and
fever-free without medication
for 24 hours students can
return to care on day 6
(test recommended on day 5,
but not required)

Wear a well-fitted mask
through Day 10 when around
others

**If the individual cannot mask:
(Birth-2 years old)**

Symptoms must be subsiding and
be fever-free without medication
for 24 hours.

**If individuals can test on day 5 or later:
When test negative, individuals can
go back to care (rapid test for ages 2+)
returning to care no later than day 11**

**If individuals cannot test:
Stay home for 10 days,
return to daycare on day 11.**

For more information visit:

<https://www.mass.gov/isol8>

<https://www.mass.gov/doc/covid-19-recommended-protocols-and-guidelines-for-ec-licensed-child-care-programs/download>

