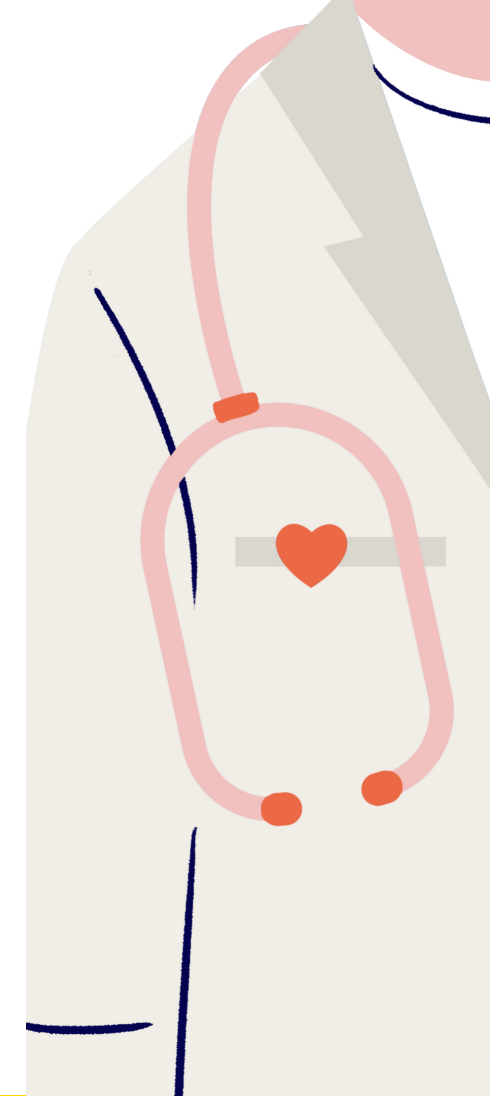


Help prevent the spread of COVID-19.

COVID-19 Quarantine Guidance for Health Care Personnel:

Close contact is 15 + minutes within 6 feet of a positive person cumulatively over a 24-hour period, regardless of masking.



Unvaccinated OR

Individuals who are 6+ months after Pfizer/Moderna primary series or 2+ months after J&J and not yet boosted

Stay home through Day 5 (total of 6 days counting Day 0).

After that, continue to wear a well-fitting mask around others for 5 additional days.

Test on Day 5 (after exposure), if possible.

Individuals who have been boosted OR

completed Pfizer/Moderna series within the last 6 months OR received J&J within last 2 months

Wear a well-fitting mask around others for 10 days.

Test on Day 5 (after exposure), if possible.

If you develop symptoms, get a test and stay home.
Tests can be PCR or antigen

Exempt from testing/quarantine:

*Asymptomatic & vaccinated

*Had Covid in the past 90 days



COVID-9 Isolation Guidelines for Health Care Personnel:

You need to stay home if you have:

New cough*
Fever 100.0F or higher/chills
Shortness of breath
New loss of taste or smell
Muscle or body aches

Nausea/vomiting/diarrhea*
Sore throat*
Headache*
Congestion/runny nose*
Fatigue*

***In combination with listed symptoms**

When can I return to work?

Asymptomatic Positive Infection

Negative Test (antigen preferred) on Day 5 or later

Return on day 6
(from + test)

Symptomatic Positive Infection

May return on day 6
(from symptom onset
or from + test) if
symptoms are
significantly improved
AND

Fever free for 24 hours
without the
use of medication
AND

Negative test (antigen preferred)
on Day 5 or later

**Wear a well-fitted mask day 6-10 from
positive test or onset of symptoms while at work.**

