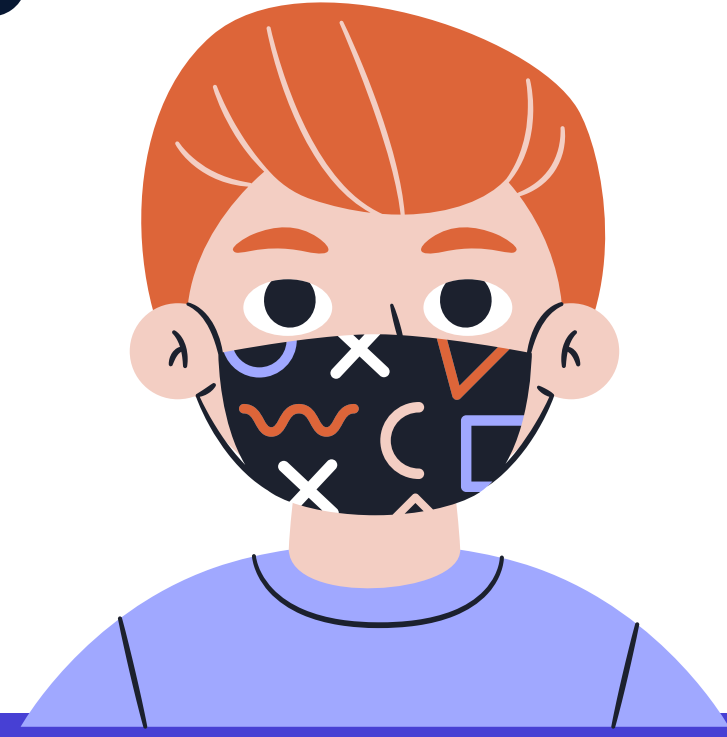


Help prevent the spread of COVID-19.

COVID-19 Quarantine Guidance for K-12 Students:

Close contact is 15 + minutes within 6 feet of a positive person cumulatively over a 24-hour period, regardless of masking.



Exempt from testing/quarantine:

*Asymptomatic & vaccinated

*Had Covid in the past 90 days

If you develop symptoms, get a test and stay home.

Out of School Exposure:

Stay home through Day 5
(total of 6 days counting Day 0) if individual
remains asymptomatic

Test on Day 5 (after exposure).

After that continue to wear a well-fitting mask
around others for 5 additional days (until day 10)

****Please reach out to your school, they may have additional requirements for isolation and quarantine. ****

For more information visit:

<https://www.mass.gov/isol8>

<https://www.doe.mass.edu/covid19/on-desktop/protocols/protocols.pdf>



COVID-19 Isolation Guidelines for K-12 Students:

You need to stay home if you have:

New cough
Fever 100.0F or higher/chills
Shortness of breath
New loss of taste or smell
Muscle or body aches

Nausea/vomiting/diarrhea*
Sore throat*
Headache*
Congestion/runny nose*
Fatigue*

*In combination with listed symptoms

When can I return to school?

Positive Test

Return on day 6
(from symptom
onset or + test)

IF

No fever for
24 hours
without the
use of
medication

AND

Symptoms have
significantly
improved

Negative Test

May return when:

Symptoms have
improved

AND

No fever for
24 hours
without the
use of
medication

OR

Symptoms have
improved

AND

Doctor's note
indicating
alternative diagnosis

No Test

Return on day 6
(from symptom
onset)

IF

No fever for
24 hours
without the
use of
medications

AND

Symptoms have
significantly
improved

Tests can be PCR or antigen

(home test accepted if asymptomatic)