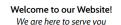
Health Update: April 7

This week is National Public Health Week

(NPHW), which started on April 3<sup>rd</sup> and continues until April 9<sup>th</sup>. This year, NPHW is focusing on "Centering and Celebrating Cultures in Health" to ensure everyone has a chance to live their best and healthiest life. The daily themes for this year's national public health week include community, violence prevention, reproductive and sexual health, mental health, rural health, accessibility, and food and nutrition. For more information, click here.



## Greater Boroughs Partnership for Health





Southborough MA





These health updates are also posted on our Greater Boroughs Partnership for Health website (<a href="www.gbph.org">www.gbph.org</a>), for our residents, along with our team's information and the services we provide to the region, including our upcoming Narcan trainings.

There will be no weekly health update next week, as I will be on vacation. Have a great weekend and please reach out with any questions!

