

Health Update: June 2

Good morning,

I hope everyone had a great long weekend! This week's health update provides information about COVID-19 bivalent booster shots.

Rates of COVID-19 remain low, based on wastewater data reported by the [MWRA](#). However, I wanted to remind everyone of the updated CDC recommendations for COVID-19 vaccines. The new recommendations allow an additional updated (bivalent) vaccine dose for adults ages 65 years and older and additional doses for people who are immunocompromised. It must be four months since the individual's last COVID-19 vaccine. This allows more flexibility for healthcare providers to administer additional doses to immunocompromised patients as needed. For specific questions, reach out to your healthcare provider.

Many nearby pharmacies are offering Pfizer or Moderna bivalent shots. To make a vaccine appointment, visit www.vaccines.gov.

For more information about the updated COVID-19 vaccine recommendation, visit the links below:

- <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>
- <https://www.mass.gov/covid-19-vaccine>

COVID-19 isolation guidance remains the same. Individuals who test positive for COVID-19 must stay home and be isolated for at least the first five days of their infection. More information is available at www.mass.gov/isol8.

Have a great weekend,
Isabella Caruso

Greater Boroughs Partnership for Health

UPDATED COVID-19 GUIDANCE

ADULTS 65 AND OLDER CAN NOW GET A SECOND DOSE OF THE UPDATED (BIVALENT) VACCINE

4 MONTHS AFTER THEIR LAST DOSE

SCHEDULE YOUR NEXT VACCINE AT YOUR LOCAL PHARMACY OR HEALTH PROVIDER'S OFFICE

WWW.MASS.GOV/COVID-19-VACCINE