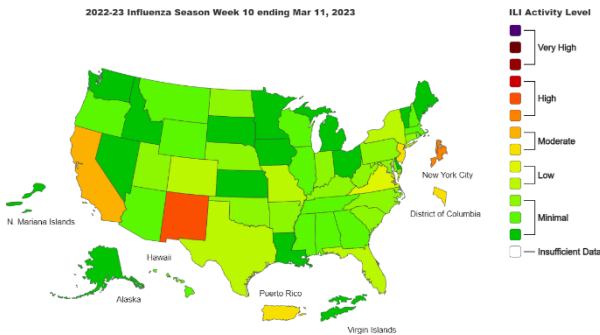


This week’s health updates include an update on COVID-19 and influenza and our region’s work with IMPACT Melanoma.

COVID-19: COVID-19 confirmed cases, percent positivity rates, hospitalizations, and related deaths continue to trend downward (Source: [MDPH](#)). Wastewater data from the North and South MWRA systems shows a slight increase in the last week (Source: [MWRA](#)).



Influenza: Influenza severity for Massachusetts, as well as the Central Region, is low this week. The percent of influenza-like illness visits and percent of hospitalizations associated with influenza across the state are also low.

Sunscreen Dispensers: To combat the increasing incidence of skin cancer, our region has been working with IMPACT Melanoma. This summer, towns will have sunscreen dispensers installed in our towns, located at parks, beaches, and other outdoor locations. We will complement the sunscreen dispensers with a sun safety education campaign. [IMPACT Melanoma](#) is a non-profit 501(c)(3) organization providing education, prevention, and support for melanoma nationally. [Practice Safe Skin](#), one of their many programs works to make a positive impact on communities by installing convenient sunscreen dispensers in high-traffic areas to provide access to free sunscreen to increase sun health awareness. This program has been very successful in many Massachusetts communities and throughout the country. Currently, the Practice Safe Skin program has installed over 4,000 dispensers across the country. The four towns are working with IMPACT Melanoma to secure sunscreen dispensers to be installed at public parks, beaches, and other areas.

Our nursing staff is offering free Narcan trainings at local libraries. Pre-registration is required. Attached is an updated flyer of our upcoming Narcan Trainings in the region.

Free Narcan Training

NEARLY 40% OF OVERDOSE DEATHS OCCUR WHILE A BYSTANDER IS PRESENT. NARCAN ACCESS FOR BYSTANDERS CAN HELP SAVE LIVES.

REGISTRATION REQUIRED:

- Northborough Public Library**
March 28, 2023 12pm-12:30pm
March 28, 2023 4:30pm-5pm
www.bewellnorthborough.com
- Westborough Public Library**
April 12, 2023 12pm-12:30pm
<https://westborough.assabetinteractive.com/calendar/narcan-training-open-to-all/>
- Southborough Public Library**
April 24, 2023 3:30pm-4pm
<https://tinyurl.com/southboroughlibraryaprilnarcan>
- May 30, 2023 4pm-4:30pm
<https://tinyurl.com/southboroughlibrarymaynarcan>

You will receive a brief training on how to recognize an opioid overdose, when and how to use Narcan. All participants receive a free kit with the following:

- 2 doses of Narcan
- Instructions on Narcan administration
- Fentanyl test strips with instructions
- Face shield
- Recovery resource guide

Greater Boroughs Partnership for Health