



Isabella Caruso

Department:
HEALTH &
HUMAN SERVICES

Title:
HEALTH &
HUMAN SERVICES
DIRECTOR

icaruso@town.northborough.ma.us

Introducing Northborough's very first Health and Human Services Director, Isabella Caruso. Isabella's leadership abilities, collaborative approach, expertise in grant writing, management skills, and empathetic nature make her the perfect choice for this role. You may have seen Isabella at a Vaccination Clinic, our recent Be Well event, or diligently supporting her team around Town Hall.

Isabella joined us as our [Epidemiologist](#) in 2022, amid the challenges of COVID-19, and quickly proved to be a tremendous asset with her extensive knowledge. She has been providing the town with weekly health updates since January 2022. When Kristin Black, our former Health Director, left her position, Isabella seamlessly stepped in as the interim Health Director. Additionally, Isabella is a doctoral candidate, further showcasing her dedication to advancing her expertise and leadership in the field. Her successful tenure during this interim period and her forward-thinking vision for the Health Department demonstrate her readiness to excel as our Health and Human Services Director.

Beyond her impressive qualifications, Isabella is also a genuinely kind and relatable person. We are incredibly fortunate to have her as a valued member of the Town of Northborough's Town Hall Team.